



Coasters Harbor Navy Yacht Club
Wednesday Night Fleet Racing Series
19 May through 6 October 2004
SAILING INSTRUCTIONS



1. RULES:

- 1.1. The CHNYC Wednesday Night Fleet Racing Summer and Fall Series will be governed by the *rules* as defined in The Racing Rules of Sailing (RRS 2001-2004).
- 1.2. ALTERATION OF CLASS RULES
 - 1.2.1. The Rhodes 19 Class rules, available at www.rhodes19.org, will be used except that RB22.00, which might prohibit the use of VHF radios while racing, is waived for the purpose of receiving Race Committee broadcasts to competitors on channel 72.
 - 1.2.2. The Rhodes 19 Class rule B12.02 requiring “a minimum total crew compliment of *three* for all races” is modified to read “ . . . compliment of *two*, to include the *helmsman*, for all races. . . ”
- 1.3. ALTERATION OF RACING RULES
 - 1.3.1. RRS 26, 29.2, 61.1(a), 62, 63.1, 63.3, 66, 88.3, A4.1 and Appendix L are modified for this series.

2. ENTRIES:

- 2.1. All competitors/skippers sailing Navy-owned boats must be:
 - 2.1.1. Members in good standing of Coasters Harbor Navy Yacht Club
 - 2.1.2. Hold a Racing Skipper Qualification Card from NAVSTA Newport, MWR Department.
- 2.2. Members of a team/crew do not have to be members of the CHNYC, another club, or organization.
- 2.3. Competitors will be assigned boats by a Fleet Captain lottery. No rotations are planned once boat assignments are made for the duration of the series. Changed assignments will be posted.
- 2.4. Because the number of competitors could exceed the number of rental boats available, skippers must confirm boat assignments with the Fleet Captain by noon each Monday to be scored on Wednesday. The Fleet Captain will confirm boat reservations with the Marina Office and may post any limitations as a Notice to Competitors.

3. NOTICE TO COMPETITORS:

- 3.1. Notice to competitors will be posted on the official notice board located in the Marina Office.

4. CHANGES TO THE SAILING INSTRUCTIONS:

- 4.1. Any changes to the sailing instructions will be posted before 1500 on the day of the race.

5. SIGNALS MADE ASHORE:

- 5.1. Signals made ashore may be displayed from the flagstaff located near the marina office.
- 5.2. When Flag “N” over “A” is displayed, racing has been abandoned for the day.
- 5.3. Flag “L” indicates a Notice to Competitors or a change to the Sailing Instructions has been posted.
- 5.4. Flag “Y” indicates that all competitors in all events shall wear, while on the water, other than brief periods while adding or removing clothing, a US Coast Guard approved PFD.

6. SCHEDULE OF RACES:

- 6.1. A practice race will be held on Wednesday, 19 May. The warning signal will be at 1730.
- 6.2. The warning signal for the first race of the Summer Series will be at 1730 each Wednesday evening from 26 May through 4 August except for 7 July because of the extended Fourth of July Holiday. Ten races are scheduled.
- 6.3. The warning signal for the first race of the Fall Series will be at 1710 each Wednesday evening from 11 August through 6 October. Nine races are scheduled.

7. CLASS FLAGS:

- 7.1. Class flags will not be used.

8. RACING AREA:

- 8.1. The 2000 South Bay Race Chart, attached to these instructions, defines the general racing area.

9. COURSES AND MARKS:

- 9.1. Courses and marks are described in the 2000 South Bay Race Chart.
- 9.2. All starts will be west of Coasters Harbor Island.
- 9.3. Turning marks will be designated government aids to navigation or Special Race Marks (SRM).
- 9.4. If a turning mark is missing, the Race Committee (RC) may substitute an inflated orange or yellow tetrahedron at the approximate location or signal flag "M" to signal that the RC boat replaces the missing mark.
- 9.5. *Fixed* courses will be designated by black letters and numbers on a white board from the RC boat. Fixed course designations, on the 2000 South Bay Race Chart, describe the turning marks in order and the rounding direction of each mark.
- 9.6. A number in parenthesis after the course display indicates the number of laps to be sailed if there is more than one lap.
- 9.7. *Special* courses will be indicated by flag "O" signaled from the RC boat at or before the special course is posted. The turning marks, as shown on the Race Chart, will be designated by black letters and numbers on a white board, passed in the order and on the side listed.
- 9.8. All government aids to navigation will be observed except for 6, 9, 10, 13, X and V which need not be honored unless they are turning marks for the course.

10. STARTING AND FINISHING LINES:

- 10.1. The starting line will be between the staff displaying the RC flag on the RC boat and the nearby mark/pin to port of the RC boat with the RC boat facing upwind.
- 10.2. The finishing line will be between the staff displaying the Blue shape on the RC boat and the nearby mark/pin to port of the RC boat.
- 10.3. A mark boat may be used to take finishes. When doing so, the mark boat will display a BLUE flag or shape (no sound) indicating it is on station for the finish.

11. STARTING SYSTEM:

- 11.1. The races will be started using RRS 26 as modified by the following signals:
 - 11.1.1. Warning RED shape; one sound 5 minutes before start
 - 11.1.2. Preparatory BLUE shape; one sound 4 minutes before start
 - 11.1.3. One-minute BLUE shape removed; one long sound 1 minute before start
 - 11.1.4. Start RED shape removed; 1 sound 0

- 11.2. Individual recalls will be signaled by one sound and by flag “X” that will be displayed until the OCS competitors clear or for 4 minutes, whichever is less. Boats that do not start within 4 minutes of start signal will be scored DNS. This does not change Rule 29.2 and A4.1.
- 11.3. The RC may attempt to notify the boats over early by hailing or a broadcast over VHF channel 72 with the sail number of each OCS boat. Delay or failure to hail or broadcast shall not be used as grounds for redress under RRS 62.
- 11.4. General recalls will be signaled by raising the “FIRST SUBSTITUTE” and two sound signals. The warning signal for the new start (RED shape) will be made one minute after the “FIRST SUBSTITUTE” is removed with one sound.
- 11.5. When a subsequent race is planned, flag “R” will be flown prior to the finish of the race currently in progress. The warning signal for the subsequent race will be flown one minute after “R” is removed with one sound.

12. COURSE CHANGE SIGNALS:

- 12.1. At a rounding mark, flag “S” and two sounds will be signaled to shorten the course and to finish between the nearby mark and the staff displaying this flag.
- 12.2. When flag “C” and multiple sounds signaled, the next mark has been changed. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. The RC will hail or by broadcast over channel 72 VHF the next mark’s designation or direction.

13. TIME LIMIT (Chg. #1)

- 13.1. The time limit for each race will be two hours or 20 minutes after the first boat finishes, whichever comes first.
- 13.2. Boats finishing after the time limit or later than published sunset will be scored DNF.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1. A boat intending to protest must inform the other boat at the first reasonable opportunity by hailing “protest” and the sail number of the boat protested under RRS 61. Protest flags need not be displayed.
- 14.2. In addition to the requirements of RRS 61.1, the *intent* to file a protest must be reported to and acknowledged by the race committee immediately after finishing. The protestor will also inform a protest Arbitrator, designated by the Fleet Captain, This changes rule 61.1.
- 14.3. Protest Arbitration: (This changes RRS 63.1, 63.6, 66 and Appendix L)
 - 14.3.1. An arbitration meeting will be held for all protests involving violations of Part 2 of the RRS. The Arbitrator should not be an interested party.
 - 14.3.2. One designated representative (conforming to RRS 63.3) of each party will appear before the Arbitrator. No witnesses are permitted.
 - 14.3.3. After hearing the testimony of each representative, the Arbitrator shall reach one of the following conclusions:
 - 14.3.3.1. There was no breach of a rule.
 - 14.3.3.2. There was a breach of a rule and one or more boats were at fault.
 - 14.3.3.3. If either representative disagrees with the arbitrator’s decision, the matter should go before a protest committee hearing.
- 14.4. Protests to be heard by the protest committee shall be submitted on US Sailing protest forms available at the Marina Office.

- 14.5. Protest forms will be submitted to the Marina Office within 24 hours after the start of the race.
- 14.6. Protest hearings will normally be scheduled for the next Wednesday evening following arbitration.
- 15. SCORING: The RRS Appendix A, using the Low Point System will be used except as modified below:
 - 15.1. At least two boats must start to be scored.
 - 15.2. Because the scoring system provides for excluding one or more scores from the series score, the score for a breach of Rule 2, *Fair Sailing*, and RRS Part 4, *Other Requirements When Racing*, shall not be excluded. The next-highest score shall be excluded. (RRS88.3)
 - 15.3. To qualify for a Series Championship, a boat must start in at least 2/3 (rounded to the nearest whole number) of the races conducted.
 - 15.4. To qualify for the Season Championship, a boat must start in at least 1/2 of the races conducted during both the summer and fall series.
 - 15.5. Ties will be handled under Appendix A, Scoring; Rules A8 and A9.
- 16. PRIZES
 - 16.1. For both the Summer and Fall Series, prizes will be awarded for 1st, 2nd and 3rd places.
 - 16.2. The Season Championship Trophy will be awarded for the best overall season score.
- 17. SAFETY & SECURITY REGULATIONS:
 - 17.1. On arrival at the starting area, competitors shall come within hailing distance on a starboard tack and check-in, by giving their sail number.
 - 17.2. Races may be cancelled, postponed, or abandoned at any time by the Race Committee for reasons affecting safety
 - 17.3. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or, when that is impossible, the Marina Office immediately after arrival ashore.
 - 17.4. Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel which may be restricted in her ability to maneuver.
 - 17.5. When passing under the Newport Bridge, boats shall sail through one of the three center spans. Boats shall not sail between Rose Island and the Newport Bridge.
 - 17.6. Naval Station Newport has established a restricted area in the navigable waters adjacent to and surrounding Coasters Harbor Island. Additionally, an exclusion area is established in Coddington Cove. Vessels approaching or entering these areas may be hailed, stopped or boarded by law enforcement or military vessels. These security measures will not be grounds for redress under 62.